



Tina Logan  
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To Whom It May Concern:

Ms. Shelby Watson (DOB: 06/28/1991). She sought treatment for a mental health-related disorder that can be found in the DSM-V. I'm familiar with her emotional-mental history and with the functional limitations imposed by this mental health-related disorder.

Due to this emotional disorder, Ms. Watson has certain limitations coping with what would otherwise be considered normal, significant day to day situations, such as symptoms of anxiety (including worrying cognitions, lack of interest in daily activities, feelings of frustration and an inability to self soothe).

To help alleviate these challenges and to enhance her day-to-day functionality, I have prescribed Ms. Watson to obtain two cats as her emotional support animals, specifically an American Shorthair named Ash that weighs 14 lbs, and an American Shorthair named Milo that weighs 8 lbs. These animals are necessary for the mental health of Ms. Watson because their presence will mitigate the symptoms she is currently experiencing.

- Ash (Cat – American Shorthair, 14 lbs):  
Helps Ms. Watson feel calmer when her thoughts keep bothering her and when she feels overwhelmed, primarily through petting.
- Milo (Cat – American Shorthair, 8 lbs):  
Helps Ms. Watson feel less frustrated and more at ease during the day, primarily through petting.

I am licensed to practice therapy and to prescribe ESAs for treatment. My license number is MFT- 46136 and it was issued in 2008. This letter should suffice as proof of treatment and certification of obtaining and keeping these emotional support animals in her dwelling, in accordance with the Fair Housing Act and the Americans with Disabilities Act.

Sincerely,  
Tina Logan, LMFT  
License: 46136  
(562) 376-0618

"This letter is written and this recommendation is made with the explicit understanding that the owner of the pet named herein is at all times responsible for the behavior of such animal and assumes any and all liability with respect to its presence in all housing and/or public spaces. This letter is provided based upon the sworn guarantee of the person named herein affirming the subject animal is well behaved and will at all times be under the direct control of that person. Neither the author of this letter nor the officers, employees, or assignees of RealESALetter.com accepts, assumes, or acknowledges any liability for the actions of any animal or its owner and hereby rejects any such claims."