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To Whom It May Concern:

Mr. James McGarvey (DOB: 12/17/1995). He sought treatment for a mental health-related disorder that can be found in the DSM-V. I'm familiar with his emotional-mental history and with the functional limitations imposed by this mental health-related disorder.

Due to this emotional disorder, Mr. McGarvey has certain limitations coping with what would otherwise be considered normal, significant day to day situations, such as symptoms of anxiety (including, lack of interest in daily activities, worrying cognitions, nervousness, feelings of frustration and inability to self soothe).

To help alleviate these challenges and to enhance his day-to-day functionality, I have prescribed Mr. McGarvey to obtain two emotional support animals.

His ESA pets are:

- Kouki (Cat, Domestic Shorthair, 14 lbs.) helps reduce feelings of anxiety by providing calming companionship and emotional comfort. Kouki supports emotional stability by encouraging relaxation and offering reassurance during stressful moments.
- Nala (Cat, Domestic Shorthair, 7 lbs.) helps alleviate feelings of loneliness by providing affectionate companionship and emotional connection. Nala also supports stress management by promoting calm routines and emotional grounding.

These animals are necessary for the mental health of Mr. McGarvey as each pet provides essential emotional support that directly addresses symptoms related to his condition.

I am licensed to practice therapy and to prescribe ESAs for treatment. My license number is MFT-46136 and it was issued in 2008. This letter should suffice as proof of treatment and certification of obtaining and keeping these emotional support animals.

I recommend that Mr. McGarvey keep his Emotional Support Animals in his dwelling, in accordance with the Fair Housing Act and the Americans with Disabilities Act.

Sincerely,

Tina Logan, LMFT

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"This letter is written and this recommendation is made with the explicit understanding that the owner of the pet named herein is at all times responsible for the behavior of such animal and assumes any and all liability with respect to its presence in all housing and/or public spaces. This letter is provided based upon the sworn guarantee of the person named herein affirming the subject animal is well behaved and will at all times be under the direct control of that person. Neither the author of this letter nor the officers, employees, or assignees of RealESAletter.com accepts, assumes, or acknowledges any liability for the actions of any animal or its owner and hereby rejects any such claims."