



Tina Logan
Licensed Marriage and Family Therapist
5050 Linden Ave., Long Beach, CA 90805
loganmaya74@gmail.com

April 3, 2026

To Whom It May Concern:

Ms. Emily Matias Silva (DOB: 10/17/2004). She sought treatment for a mental health-related disorder that can be found in the DSM-V. I'm familiar with her emotional-mental history and with the functional limitations imposed by this mental health-related disorder.

Due to this emotional disorder, Ms. Silva has certain limitations coping with what would otherwise be considered normal, significant day to day situations, such as symptoms of anxiety (including, lack of interest in daily activities, worrying cognitions, nervousness, feelings of frustration and an inability to self soothe).

To help alleviate these challenges and to enhance her day-to-day functionality, I have prescribed Ms. Silva to obtain two ESA Pets as her emotional support animals: a 7 lb American Shorthair cat named Rickie, whose presence mitigates symptoms of anxiety by offering gentle comfort and a calming routine to ease worry, nervousness, and restlessness while helping her self-soothe, and a 12 lb American Shorthair cat named Jay, whose presence mitigates symptoms of nervousness by providing steady companionship and encouraging regular activity to help with lack of interest and emotional withdrawal.

I am licensed to practice therapy and to prescribe ESAs for treatment. My license number is MFT-46136 and it was issued in 2008. This letter should suffice as proof of treatment and certification of obtaining and keeping these emotional support animals. I prescribe that Ms. Silva keep her Emotional Support Animals in her dwelling, in accordance with the Fair Housing Act and the Americans with Disabilities Act.

Sincerely,
Tina Logan, LMFT
License: 46136
(562) 376-0618

"This letter is written and this recommendation is made with the explicit understanding that the owner of the pet named herein is at all times responsible for the behavior of such animal and assumes any and all liability with respect to its presence in all housing and/or public spaces. This letter is provided based upon the sworn guarantee of the person named herein affirming the subject animal is well behaved and will at all times be under the direct control of that person. Neither the author of this letter nor the officers, employees, or assignees of RealESAletter.com accepts, assumes, or acknowledges any liability for the actions of any animal or its owner and hereby rejects any such claims."